

Anna's Contribution:

1. Faith in its value.
2. Glance on value of other school subjects.
3. Develop teacher training.
4. Great influence on European and American gymnastics.

Norway - School for Teacher Training in Oslo.

Switzerland:

Class 1782-1854 Taught P.E.
in Swiss Army. In Eng. 1822-1825

Charge of ^{Military} Naval School (1796-1827)

Pestalotzi - connected with Hist. of Ed.
1. In. to games, skating, mountain climbing
All teachers give intelligent sympathetic
leadership. His beliefs. Saw possibility
of games in developing child's moral
and intellectual development.

Fellenberg student & follower of Pest.
Had school in Switzerland but later came
to America & set up his ideals.

Trachel - (1782-1852) Believed Ed.
was natural development from within.
Realized need of kindergarten for social
development. Directed games, song & play
Thrup for kids. Self-expression,
social participation, free development
& training of mind thro' play.

Dalroze - Russian. Impressed
with difficulty kids learned Russian.
Revised system of learning Russian thro'

bodily movement. Trained teachers in his
methods became Dalcoze

Czechoslovakian Republic. 1919(?) Result
of last war. Formed National Unit.
Believed in strength of body & mind. Sokol
(society of nation) Organized by Dr. Tys. in
Prague. Became patriotic as well as gym.
movement & spread thru out country.
Festivals in Prague every few yrs. Last one
in '37. Gym. ^{they do} Skisman System with some
alterations.

England - 15th Systems were secondary.
Swedish taught in Engin 1838. Taken up by
schools for training women in P.E. Long term
in Eng. Madame Peterberg started school.
Studied with Swedish system of gym, very
well known. ^{Prof} Schools at Bedford, Liverpool,
Dartford, Chelsea. In 1878 London School
Board gave training for teachers. 1902
adopted Swedish System for training of
men. 1906 adopted Danish interpretation
of Swedish gymnastics. Archibald McKee
a system of P.E. in 1867. Pioneer in study
of anthropometry - (Study of measurements in man)
Prof. Private gym. in Oxford 1858. We have
in charge of military system of gym.

In Eng. King Assoc. of Swedish gymnastics
Sports are a tradition of Eng. life. We
have gained more from this tradition.
Play not idea of fitness but because it was
natural thing to do. Sports tradition of schools
but not limited to these. Schools & colleges gave
funds but pupils organized them. Competition.

Movements. Y. W. C. A. organized in Eng. 1855
Hon. Mrs. Kinnear head of movement which opened
house for nurses returning from Crimean
war. 1870 Y. W. in St. John. 15 in Canada.
Worlds office in Geneva, but moved to Eng.
but now to N. A.

Eng. Folk Dance Movement. - revived by
Ceil Sharp. Studied out of dances & read
old books on F. Dancing. Taught in America.
Eng F. Dancing better organized than any
other country. Douglas Kennedy now head.

National Fitness Movement - formed
by Cabinet. Funds allotted from Central
Committee - Idea - everyone stimulated
to activities. Some folk dancing, etc.
Give money to schools for ^{now} outside activities
" organizations to promote health.
Does not have trained teachers. Not understood
tables given.

M. S. A.

Medan - School of P.E. at U of Berlin.

May Wigman - greatest exponent of dancing
Sweden

King visited Denmark & Nachteggall
gym. (1776-1839) 1804 went back to
from D & helped in university
with fencing. 1836 studied Anatomy
& Physics. Understanding of human
body. Structure & functioning. Royal
Central Institute of Gym. (1814) formed it.
1939 King's - Celebration of his death.
Brought out 3 phases of P.E. - Ed.
value - its connection with army.
Medical aspect of ed. Physiotherapy.
Exercise for medical treatment.

General Principles of Gym. written
before his death - finished after.

Branting: Specialized in medical
gym. ~~Specialized in medical~~ Terminology of gym.

Agalmar King. Ed. gym. for boys &
girls in school. Progressive arrange-
ment of ed. Needs of child & school
conditions in order to set up
programme. Used school room &
furniture. Contributed knowledge of
Kinesiology (study of muscular movement)
Physics & Anatomy as regards P.E.
Contributed explanation of ed. medical
& military gym.

Voss - To Boston State School.

Kiser - Took up his work.

Pensmark
Nacklagall (1777-1847) Reading of
Germanists & lead to
teacher of gym 1795 organized out-
door & indoor gym. 1804-
Lect of gym at U. of Copenhagen.
Director of gov. school for trained
army leaders 1818-1821 then
lect. circles admitted 1821 then
all gym of D. Milit & Military 1828
Manual of Gymn. 1838 explaining
work with girls & 1839 admitted
girls to do gym in Normal schools.
Lect. between S. & D. types of gym.
For D sent commission to
Bot. Stockholm etc.

Result. New manual of D with
Swedish interpretations & germ. apparatus.
Knudsen - 1st inspector of gym. ¹⁹¹⁷ 1908 state
exam in D. to pass in Phy. Ed. for credit to
enter University. 1909 U. of Copenhagen degree
course for Phy. Ed. D. games after Eng. pattern.
Minister of schools urged supplementing gym
with games. Development of folk schools
where young men & women who left school
early go back & get further ed. Courses
last for approx. 6-8 weeks. Ollerup (P. F. Skov)
Heik Bueh. Taught gym in this school for
many years. Madsen Bateman brought girls
to the country. More physical balance
than Bueh.

Italian Terms.

Tempo - rate of speed.
ritenuto - decreasing in speed.
ritardando -
largo - slowly broadly.
ff - fortissimo - very loudly.
allegro - very quickly.
dim - diminuendo - decreasing in tone.
piano - softly. P.
pp - pianissimo - very softly.
ppp - soft as possible.
mezzo-forte - moderately loud mf.
crescendo - increasing in tone.
Andante - moving moderate rate of speed.

tenuto - pause.
} 3 - quarter rest.

Bach

Beethoven

Brakns.

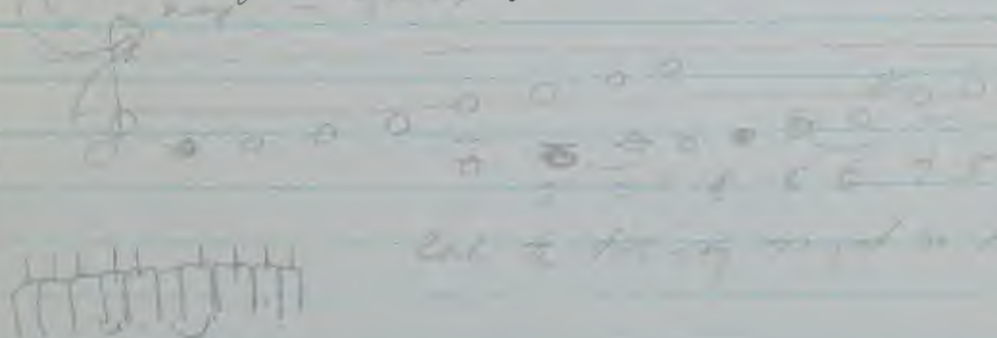
Bach (1685-1750) Johann Sebastian.
Came from a long line of musicians. Born
in Eisenach, Thuringia. Parents died at early
age. Lived with brother & learned to play
clavier. Instruction of viola & violin by father before death.
At 15 went to choir of St. Michael's
Lorenz at Lüneburg. Got 1st organ instruction
there. Had first post as organist at 18 in
Ainstadt. Lutheran church. Stayed there for 3 or 4
yrs. Always anxious to hear famous 375

organists. Wanted 3 mon. leave but stayed
for 4 months to go & run town & hear organist.
Married Maria Barbara in 1707. Next post
Mühlhausen. Stayed short time - less than yr.
Went with Royal Duke of Germany to Weimar
& organist in ^{castle} chapel of court for 10 yrs. Did
much composing of organ music during this time.
Had 7 children. 6 born at Weimar. 2 were
also famous musicians. Wilhelm Friedemann
and Carl Philip Emmanuel. Wanted to leave
castle but Duke arrested him & kept him
in prison for 1 mon where he composed
"Organ Preludes" = "little Organ Book" & Choral Preludes.
Released & went to Cöthen, ^{there} with Prince of
Anhalt-Cöthen. Had orchestra at his
disposal. Wrote 6 Brandenburg concerti
for orchestra. Well-tempered Clavichord.
Wrote major & minor keys. Went on trip with
Prince but before he got back his wife took
sick, died & was buried. 1720 18 mon. later married
again ¹⁷²¹ Anna Magdalena. Musical & he taught
her. For her wrote "Notebook of Anna Magdalena
Bach." She helped him with music copying.
1723 moved to last & most imp. post at
Leipzig. There he was Cantor (master) of Thomas
schule. Large school for choir boys. Both music
& ed. Residence. Bach wrote most of music
which boys sang in neighboring churches. In
same service Cantata used. 200 church
Cantata which we still use. St. John
Passion - St. Matthew Passion - Mass B. Minor.
Son at court. King Frederick asked him to play.
Died 1750 in Leipzig - blind.

George Frederick Handel (1685-1759) well known
to Eng. Born in Germany. Kapellmeister to Elector
of Hanover, George I. "Water Music" played for King.
Producer & composer of opera. Went to Dublin
& composed ^{what was meant to be} opera with a sacred text - "Messiah".
Died old & blind.

Franz Joseph Haydn (1732-1809) An Austrian
very humbly born. Appointed to Esterhazy (a wealthy
family) for 30 yrs. Composed many selections. Wrote
much chamber music, symphonies (Father of
symphony). Wrote "12 London Symphonies" for Eng.
Wrote much for shaping of "Sonata form".
Exposition (1st) Movement - 2 subjects - 1st in ^{tonic} key. 2nd in dominant.
Development Section - modulates from key to key, etc.
- Called Free Fantasia.
Recapitulation - 1st Sub. (tonic)
2nd " " " " "
either ends or coda - "tail end"

Symphony, sonata for orchestra.



Wolfgang A.

Mozart - Born in Salzburg 1756-1791.
Went on tours with family to royal courts.
Left over 600 pieces. Went to Vienna but
achieved no great part. "Don Giovanni" "Mar-
riage of Figaro" "Magic Flute" All kinds of comp. 377

Ludwig van Beethoven born in Germany in 1770 - 1827. Developed talent in peculiar fashion. Studied with Haydn in Vienna & Mozart. Impatient with instruction. Unconventional looking. Popular with nobility at court. At 36 shut himself in country because of deafness. Grew worse. Wrote C. Minor Symphony in 1808. *Crius* 3rd - 5th C. Minor - 9th Choral (Chorus with 4 voices) 4th Mode Schiller's Ode to joy. Fidelio - Leonora. Wrote for piano - 32 Sonatas. String Quartets. One mass - Missa Solemnis. One oratorio - "Mount of Olives". Very respected in Vienna. Published in all 138 opus numbers.

Pavane $\frac{3}{4}$ music composed to suit these forms of dances. Beginning of sonata.
 Galliard $\frac{3}{4}$
 Arabande $\frac{3}{4}$
 Minuet $\frac{3}{4}$
 Gavotte $\frac{3}{4}$
 Allemand. $\frac{3}{4}$
 Courant. $\frac{3}{4}$
 Bourree. $\frac{3}{4}$
 Rigue. $\frac{3}{4}$

Galliard - tripple time $\frac{3}{2}$ ($\frac{3}{4}$) - lively.

Arabande - solo dance especially for women.

$\frac{3}{4}$ Minuet greatest effect on music - for long time 5th movement - minuet. 8 bar sentences - 2 to form minuet which is repeated.

Favotte - $\frac{4}{4}$ Always begins on 3rd beat
of measure. Followed by 2nd danced called
musette played on a musette.

Bonnie - $\frac{4}{4}$ - Upbeat

Is the last one for the